



Co-funded by
the European Union

Building a Comprehensive Educational Ecosystem for Sustainable Development Goals

Project Reference: 2023-1-PL01-KA220-HED-000165127

Implementation period: 01.10.2023 - 30.09.2026

Programme: Erasmus+

Action Type: Cooperation partnerships in higher education

EU Grant: 400.000,00 €

Coordinator



Lodz University
of Technology

Partners



ACEEU



ABD

Welfare and
Development
Association



Nykiel



RIGA TECHNICAL
UNIVERSITY



UAB
Universitat Autònoma
de Barcelona

Player

Wear It Right!

Wear It Right!

Time: 25 - 35 minutes

Teams: 3 - 6 players

Location: Indoor or outdoor space

The Story

Every outfit has a story: where it was made, who produced it, which materials were used, and what impact it has on the planet. But we rarely think about the journey behind the clothes we wear every day.

In this activity, you will uncover the hidden stories stitched into your clothes and learn more about the sustainability behind different materials, production countries, and fashion choices.

Your mission: explore your clothing, uncover its sustainability journey, and bring those insights to life through a fun, informative mini sustainable fashion show.

Raise awareness and celebrate sustainable fashion choices.

Mission Tasks

Step 1: Clothing Exploration (10 minutes)

Work together to examine your clothing labels or accessories (shirts, jackets, shoes, bags - anything your group feels comfortable sharing). For each item, find out: where it was made, what materials it is made from, what you can learn about the brand's sustainability practices, and what a more sustainable alternative might be.

Do you know the term '**slow fashion**'?

Slow fashion means choosing clothing that is made to last, produced ethically, and purchased thoughtfully. It values quality over quantity, repairing instead of replacing, buying second-hand or locally, and supporting brands with fair labour and environmentally responsible practices.

Step 2: Prepare Your Fashion Show (10 minutes)

Choose 3-5 clothing or accessories items from your group to present. Prepare a short commentary for each item, explaining where it was made, what materials it uses, whether it appears sustainable, and what a slow fashion alternative could be. Creativity is encouraged! Present as fashion commentators, a news team, or runway hosts.

Step 3: The Sustainable Fashion Show (5 minutes)

As a team, present a mini show: some team members showcase the item while others read the commentary. Finish with a one-sentence slow fashion slogan.

Why Your Mission Matters

Fashion choices impact workers, resources, and the environment. Understanding where clothes come from helps you see how your decisions influence sustainability and fairness.

Small steps - buying less, repairing more, choosing second-hand - support a better fashion system.

Mission Equipment

Smartphone

Internet access

Notepad or whiteboard for taking notes

